



St. Mary High School Service Hours Instruction Information

St. Mary High School focuses not only on the academic, athletic, and extracurricular development of our students, but also on their spiritual and moral development. To achieve this, all students are **REQUIRED** to complete a total of **10 Hours of Christian Service PER YEAR** at St. Mary High School.

What is Christian Service? Simply put, any effort made to selflessly give on one's time, talent, and love to another person(s) is Christian Service. While some activities are based in human kindness, such as babysitting a child, this is not an example of Christian Service. Christian Service calls for all students to spread the love of God through both small and great feats.

The following rules are being implemented for the 2017-2018 School Year concerning Service Hours:

1. Students **MUST** complete 10 hours of Christian Service **EACH** year; if a student goes over 10 hours in a specific year, those hours **DO NOT** carry over for the following year.
2. Students, before participating in a Service Event, must have preapproved Participation Forms by their teacher or the Theology Chairperson that the event qualifies as Christian Service.
3. Students will be required to present a PowerPoint at the end of each year in their Theology classes displaying what they did in their 10 hours of Christian Service and how it helped spread the message of Jesus Christ to others. Upon presenting, they will be awarded completion for Service Hours in that given year.

To follow in the footsteps of Jesus Christ is sometimes a difficult task, as it was for many of His Apostles, yet the challenge is what makes the entire process rewarding for the students of St. Mary High School and all members of the Body of Christ. We hope that these Service Hours instill in our students a desire to continually help those in need and to spread the Gospel message throughout their life.

**PREACH THE GOSPEL
AT ALL TIMES
AND WHEN NECESSARY
USE WORDS.** FRANCIS
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Some examples of Christian Service:

- Working at a Local Food Pantry
- Serving in Liturgical Roles at Mass
- Teaching/ Assisting at CCD Classes
- Sponsoring a school fundraiser for an approved Charity, such as *Catholic Charities*
- Helping the elderly in times of bad weather **WITHOUT** compensation or pay
- Participating in certain school sponsored events for local organizations and charities.

Visit the following website for more ideas:

- <https://www.thoughtco.com/awesome-outreach-ideas-712585>



St. Mary High School Christian Service Participation Sheet

Students must complete this Participation Sheet **BEFORE** taking part in an activity that will qualify for Christian Service. Once the activity is completed, a person who oversaw the event must write a letter stating your attendance and the amount of hours completed. Make a copy of the letter for your own records and present the original to your teacher.

Student Name: _____ Date: _____

Event/Activity: _____

Location: _____ Date of Event: _____

Summary of Activity/ Purpose of Event: _____

By signing below, the student and parent/guardian affirm the event will be attended and will provided documentation attesting to attendance and hours completed by an event coordinator/overseer.

Student Signature: _____ Date: _____

Parent/Guardian Signature: _____ Date: _____

By signing below, the teacher has approved the above activity qualifies as Christian Service and will count toward the student's Christian Service Requirement.

Teacher Signature: _____ Date: _____

(File with Letter of Attendance/Hours Completed for Future Reference)